

Having a Cold

سرماخوردگی داشتن



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- A: How are you feeling today?
B: I have a terrible cold!
A: Where do you think you picked that up?
B: A lot of people in my **gym** have it.
Maybe I got it from the **equipment**.
A: Have you taken anything for it?
B: I think that I am just going to rest and **drink plenty of liquids for a while**.
A: Yes, staying rested and hydrated is really important.
B: My mother also has this special **potion** with hot wine, **cayenne pepper**, and sugar **that works miracles**.
A: You might want to ask the **pharmacist** for his suggestions if you get any worse.
B: Yes, if my **symptoms** don't pass in a few days, I will ask for help.

- A: You don't look so good.
B: I feel horrible. I think I picked up a bug.
A: Do you know who you got it from?
B: A lot of people in my **dorm** are sick.
Perhaps I picked it up there.
A: Did you take any cold **medication**?
B: I've been taking vitamin C and zinc and trying to get some rest.
A: I think that rest and liquids are what doctors **recommend** for a cold.
B: My grandmother swears by hot chicken soup for a cold.
A: A pharmacist might be able to help you if your home **remedies** don't work.
B: Yes, if I get worse, I will definitely look for extra help with this.

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A: You look *a bit under the weather*.

B: I am not feeling all the great. I think I have that crud that is going around.

A: I know that it's going around the dorms.

B: My boyfriend hasn't been feeling so well. Maybe he passed it on to me.

A: I have some cold tablets if you would like one.

B: Mostly, I feel like I need some rest and hot soup.

A: Drinking liquids and getting rest is a good idea with a cold.

B: My grandmother thinks that honey and whiskey is a good *cure* for a cold.

A: You could always go to the *pharmacy* if it gets worse and you want suggestions.

B: If things don't get better in a few days, I will look for some other *solutions*.

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Vocabulary Booster

a bit	یه ذره	۱
cayenne pepper	فلفل قرمز	۲
cure	درمان	۳
dorm	خوابگاه	۴
drink plenty of liquids for a while	نوشیدن مقدار فراوان مایعات برای مدتی	۵
equipment	تجهیزات	۶
gym	باشگاه	۷
medication	دارو	۸
pharmacist	دارو فروش	۹
pharmacy	داروخانه	۱۰

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potion	جرعه	۱۱
recommend	توصیه کردن	۱۲
remedy	دارو، درمان	۱۳
solution	راه حل	۱۴
symptoms	عوارض	۱۵
that works miracles	اون معجزه می کنه	۱۶
under the weather	بیمار، ناخوش	۱۷

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